

3<sup>rd</sup> June 2021

Dear Parents/carers

Kingston Council are currently recommending that contacts of a positive case have a PCR test even if they do not have symptoms. These PCR tests will help us identify further cases in the borough and guide us as to how we can take other actions needed to break chains of transmission. The PCR tests can be ordered online for home delivery or a slot can be booked at a test site: <https://www.gov.uk/get-coronavirus-test>. When booking the test, please select the option 'My local council or health protection team has asked me to get a test, even though I do not have symptoms' when asked the question 'Why are you asking for a test?'. Even if you have tested negative for COVID-19 recently, please still complete this PCR test. If anyone in your household develops symptoms of a new cough, temperature or loss of sense of taste or smell following a negative test result, please take another test.

A negative result won't mean a shortening of the 10 days isolation period, but it does help detect other positive cases quickly and enables us to offer support to these individuals accordingly.

Local support is available to anyone who tests positive for COVID-19 or has been told to self isolate, or whose child has to self isolate, to help with access to food and medicine deliveries, financial assistance if you are on a low income, and support with health and wellbeing. This help can be accessed by visiting [www.kingston.gov.uk/Covid19-needhelp](http://www.kingston.gov.uk/Covid19-needhelp) or calling 020 8547 5000.

Alongside taking part in this PCR testing, it's really important that you and your household continue to follow all the guidance to prevent the spread of COVID-19:

- Washing hands regularly, for 20 seconds
- Wearing a face covering in indoor spaces

- Keeping a safe distance from those not in your household or support bubble
- Maintaining a good flow of fresh air in indoor spaces by keeping doors and windows open

Staff and households should continue doing twice-weekly LFT rapid testing as normal.

Yours sincerely

Esther White

Headteacher