

Messages for schools to cascade to parents ahead of Easter break

Please keep up the testing over the school holidays!

Thank you to all the thousands of families across the borough who've been helping to keep our classrooms Covid free by taking part in regular, twice weekly rapid testing. Your actions really are making a difference and helping to keep our schools as virus free as possible.

Please keep up with your regular testing over the Easter holidays. To find out how to get your tests go to www.kingston.gov.uk/schools-testing.

To [report your test results go to gov.uk](http://report.your.test.results.go.to.gov.uk).

Test and Trace support payments extended to parents and carers of children who have to self isolate

If you're on a low income or in receipt of benefits, you might be able to get a payment of £500 if you've been told to self-isolate by NHS Test and Trace - or you're the parent or guardian of a child who has been told to self-isolate.

If you're eligible for either the Test and Trace Support Payment or a discretionary payment, you'll receive the £500 in addition to any benefits and Statutory Sick Pay that you receive currently.

Go to www.kingston.gov.uk/self-isolation-payment for more information.

Support for self isolating families through Kingston Stronger Together hub

If you test positive for Covid-19, the Kingston Stronger Together hub is here to support you if you have no one else to rely on. You can get help with food and medicine deliveries, health and wellbeing support and access to financial support.

Go to www.kingston.gov.uk/Covid19-needhelp or call 020 8547 5000 for more information.

As restrictions ease and we are allowed to meet up to 6 people, or two households, outdoors, we must continue to do all we can to keep Covid infection rates as low as possible. Even though it's soon the school holidays, sleepovers are still not allowed. Increased mixing, particularly indoors, let's the virus spread easily. We can all help by sticking to the rules and remembering Hands, Space, Face. Thank you.