

Useful Links

Yoga

We are going on a bear hunt <https://www.youtube.com/watch?v=KAT5NiWHFIU>

Frozen <https://www.youtube.com/watch?v=xlg052EKMtk>

The very hungry caterpillar <https://www.youtube.com/watch?v=xhWDiQRrC1Y>

Spider Man <https://www.youtube.com/watch?v=fnO-IGEMOXk>

Sun salutations and animals <https://www.youtube.com/watch?v=8oGR5xucltI>

Dragon hunt <https://www.youtube.com/watch?v=oyl3qukcTil>

Dancing

Move and Freeze <https://www.youtube.com/watch?v=388Q44ReOWE>

Let it go <https://www.youtube.com/watch?v=jV2L2SZWsnC>

Go bananas <https://www.youtube.com/watch?v=PKyuJhHQCfl>

Simons Says <https://www.youtube.com/watch?v=OkO8DaPlyXo>

Bouncing up and down <https://www.youtube.com/watch?v=-HLjxcrgiPg>

Singing in the rain <https://www.youtube.com/watch?v=TSdelhmv6v0>

Animals dance <https://www.youtube.com/watch?v=30ePPEUbwSs>

Nursery Rhymes

Row row row your boat <https://www.youtube.com/watch?v=5sr4pbm5K9w>

Penguin dance <https://www.youtube.com/watch?v=c3c3UTYNZ6Q>

Head shoulders knees and toes <https://www.youtube.com/watch?v=TSdelhmv6v0>

Baby shark explores https://www.youtube.com/watch?v=j8z7UJET1Is&list=RDEMIUcQbVXbCGBydB_LjduIbA&start_radio=1

Five little monkeys jumping on the bed <https://www.youtube.com/watch?v=16Wk2piuW60>

Wheels on the bus <https://www.youtube.com/watch?v=hvzMmwRNIfQ>